

## TRAINING & DEVELOPMENT WEEKLY PROGRAMME 2008

### TOWN/CENTRAL/WESTERN MEETINGS

A Group = Referees from Premier Grade down to 4<sup>th</sup> year

B Group = 1<sup>st</sup> to 3<sup>rd</sup> year Referees

#### **MARCH**

Friday 7 <sup>th</sup>	AGM – followed by BBQ & Super 14 game: Highlanders vs. Hurricanes (Partners invited to BBQ)	6.00 pm
Thursday 13 <sup>th</sup>	Rugby Smart Injury Prevention Course (compulsory) followed by presentation on Serious Injuries	7.30 pm
Thursday 20 <sup>th</sup>	No meeting (Easter Weekend)	
Thursday 27 <sup>th</sup>	Fitness Testing at Stadium Southland followed by session on Tackle / Ruck	7.30 pm

#### **APRIL**

Thursday 3 <sup>rd</sup>	Touch Judging	7.30 pm
Thursday 10 <sup>th</sup>	Judicial System, Referee Abuse, Crowd Control	7.30 pm
Thursday 17 <sup>th</sup>	A Group: Game Preparation & Management B Group: Orientation Night	7.30 pm
Thursday 24 <sup>th</sup>	A Group: Referee Position (practical session outdoors) B Group: Referee Position (practical session outdoors)	7.30 pm

#### **MAY**

Thursday 1 <sup>st</sup>	NZRU Level 1 Law Exam – All Referees	7.30 pm
Sunday 4 <sup>th</sup>	NZRU Level 1 Referee Coach Course	9.30 am
Thursday 8 <sup>th</sup>	Fitness Testing at Stadium Southland followed by warm down session (how to do it correctly)	7.30 pm
Thursday 15 <sup>th</sup>	A Group: Debrief of first 6 weeks of Club Rugby B Group: Game Preparation & Management	7.30 pm
Thursday 22 <sup>nd</sup>	A Group: Refereeing the scrum (Scrum Coach) B Group: Scrum Management & Safety	7.30 pm
Thursday 29 <sup>th</sup>	Regional Sub Union Matches – Critique Match Referees	6.00 pm

#### **JUNE**

Thursday 5 <sup>th</sup>	Refereeing the Lineout (split in 2 groups – practical session outdoors)	7.30 pm
Thursday 12 <sup>th</sup>	A Group: Refereeing Near & In-goal B Group: Debrief of first 6 weeks of Club Rugby	7.30 pm
Thursday 19 <sup>th</sup>	Fitness Testing at Stadium Southland followed by a “fun game”	7.30 pm
Thursday 26 <sup>th</sup>	Offside / Onside at all phases	7.30 pm

#### **JULY**

Wednesday 2 <sup>nd</sup>	NZRU Level 2 Law Exam	7.00 pm
Thursday 3 <sup>rd</sup>	Guest speaker – Ken Cresswell (Soccer)	7.30 pm
Thursday 10 <sup>th</sup>	Refereeing the Advantage Law	7.30 pm
Thursday 17 <sup>th</sup>	Quiz Night	7.30 pm
Thursday 24 <sup>th</sup>	TJ / Sub Controller Panel – Air NZ Cup; Development Competition Fixtures	7.30 pm
Thursday 31 <sup>st</sup>	All other Referees – Touch Judging Refresher Course Preparing for Semi-finals & Finals - Rules & guest speaker	7.30 pm

#### **AUGUST**

Thursday 7 <sup>th</sup>	Fitness – Techniques to improve speed off the mark	7.30 pm
Thursday 14 <sup>th</sup>	Final meeting – “Fish & Chip Social Night”	7.30 pm

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### EASTERN/NORTHERN MEETINGS

<b>MARCH</b>		
Tuesday 18 <sup>th</sup>	General Meeting & Rugby Smart Injury Prevention Course COMPULSORY FOR ALL REFEREES	7.30 pm
Tuesday 25 <sup>th</sup>	Touch Judging Course & introduction to Communications Equipment	7.30 pm

<b>APRIL</b>		
Tuesday 1 <sup>st</sup>	Fitness Testing at St Peters College gym – followed by a session on Whistle/Signals/Communication	7.00.pm
Tuesday 8 <sup>th</sup>	Tackle/Ruck/Maul & Lineout – practical session outdoors involving a Rugby team	7:30.pm
Tuesday 15 <sup>th</sup>	NZRU Level 1 Law Exam – ALL Referees	7:30.pm
Tuesday 22 <sup>nd</sup>	Game Preparation & Management – using outside Resource	7.30.pm
Tuesday 29 <sup>th</sup>	Referee Positioning – practical session outdoors	7.30.pm
<b>MAY</b>		
Tuesday 6 <sup>th</sup>	Refereeing the Scrum – including Scrum Management & Safety – with Scrum Coach. This will be followed by the traditional “Duck Supper”,	7:30.pm
Tuesday 13 <sup>th</sup>	Fitness Testing at St Peters College gym – followed by a “warm-down” session on how to do it correctly.	7.30.pm
Tuesday 20 <sup>th</sup>	Refereeing The Advantage Law	7.30.pm
Tuesday 27 <sup>th</sup>	Refereeing Near & In In-goal – practical session outdoors	7.30.pm
<b>JUNE</b>		
Tuesday 3 <sup>rd</sup>	Debrief of Games To Date – open discussion led by Active Referees – issues, solutions, sharing experiences, best practice.	7.30.pm
Tuesday 10 <sup>th</sup>	Offside/Onside At All Phases	7.30.pm
Tuesday 17 <sup>th</sup>	A Team Coaches Expectations of a Referee.	7:30.pm
Tuesday 24 <sup>th</sup>	Fitness Testing at St Peters College gym – followed by a session on Kick-Off & Restart Kicks	7.00.pm
<b>JULY</b>		
Tuesday 1 <sup>st</sup>	Dealing with Foul Play & The Judicial System – with Judicial Panel Personnel	7:30.pm
Wednesday 2 <sup>nd</sup>	NZRU Level 2 Law Exam at Rugby Park Stadium	7:00.pm
Tuesday 8 <sup>th</sup>	Official from Another Sporting Code	7:30.pm
Tuesday 15 <sup>th</sup>	Quiz Night	7.30.pm
Tuesday 22 <sup>nd</sup>	Touch Judging for Semi-Finals & Finals – Refresher session	7:30.pm
Tuesday 29 <sup>th</sup>	Preparing for Semi-Finals & Finals	7.30.pm
<b>AUGUST</b>		
Tuesday 5 <sup>th</sup>	T.B.A.	7.30.pm
Tuesday 12 <sup>th</sup>	Final Meeting Night – “Social Night”	7:30.pm